GOVERNMENT OF KERALA

No.A1/181/2016/AYUSH

Ayush (A) Department,
Thiruvananthapuram,
Date: 07.6.2016.

CIRCULAR

Sub:- Celebration of International Day of Yoga within the State on 21st June, 2016 - Reg
Ref:- D.O Letter No.S-11012/6/2016-IEC dated 29-03-2016 from
Sri.Ajith M.Shran,Secretary,Ministry of AYUSH, Government of
India. (copy enclosed)

As per the direction of Government of India, State Government have decided to celebrate 2nd international Yoga day 2016 on 21st June 2016 with state level function at Central Stadium, Thiruvananthapuram. The celebration of International day of Yoga would involve a very elaborate training programme on Common Yoga Protocol as well as discourses, lectures and talks by eminent Yoga experts. The main programme would be the mass yoga demonstration from 7 a.m. to 8 a.m by following the Common Yoga Protocol (CYP) at the State, District, Block and Panchayat levels. Other events could include yoga fests, seminars, workshops and musical and cultural programme based on yoga involving students from schools, college, Universities and various youth organizations such as NYKS, NSS, Resident Welfare Association and Civil Society organisations working in the field of Yoga.

In the circumstance Government hereby instruct all District Collectors, Heads of Departments, Heads of Public Undertakings and Autonomous Bodies to hold a mass Yoga demonstration at the State /District /Block/ Panchayath level on 21st June, 2016 (Tuesday) from 7 a.m. To 8 a.m as part of the celebrations throughout the State. Apart from mass yoga demonstration, all Government Offices and Educational Institutions shall organize symposiums /Seminars / workshop training sessions on Yoga to generate awareness about the benefits and therapeutic values of yoga. An instructional booklet detailing the Common Protocol of various Yoga Assanas prepared by Ministry of Ayush has been uploaded on the Ministry’s website www.indianmedicine.nic.in for detailed information.

S.M. VIJAYANAND,
Chief Secretary.

To

The Secretary, Government of India, Ministry of AYUSH, Ayush
Bhavan, B-Block, GPO Complex, INA, New Delhi-110023 (with C/L)
All additional Chief Secretaries / Principal Secretaries / Secretaries
/ Special Secretaries
All District Collectors (They should ensure that the Circular is communicated to all sub offices under your administrative control)
All Heads of Departments (They should ensure that the Circular is communicated to all sub offices under your administrative control)
Heads of all Public Sector Undertaking and Autonomous Bodies
The Secretary to Governor, Raj Bhavan, Thiruvananthapuram (with C/L)
The Secretary, Kerala Legislature, Thiruvananthapuram (with C/L)
The Secretary, Kerala Public Service Commission, Thiruvananthapuram (with C/L)
The Advocate General, Advocate General's Office, Ernakulam (with C/L)
The Registrar General, High Court of Kerala, Ernakulam
The Registrar, Kerala Administrative Tribunal, Thiruvananthapuram
The Registrar, Kerala Lok Ayukta, Thiruvananthapuram
The Member Secretary, State Planning Board, Pattom, Thiruvananthapuram
The Secretary, State Information Commission, Punnen road, Thiruvananthapuram
The Registrar, all the Universities in the State of Kerala.

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Forwarded / By Order

Section Officer
Dear Chief Secretary,

As you are aware, the preparations for the celebration of 2nd International Day of Yoga on 21st June, 2016 are underway. The Government of India has decided to take forward the momentum created by International Day of Yoga, 2015 with greater and more active participation of youth during the current year celebrations. The main programme would be the Mass Yoga Demonstrations from 7 AM to 8 AM by following the Common Yoga Protocol (CYP) at the State, District, Block and Panchayat levels. For this purpose, the CYP developed last year has been further revised. Other events could include Yoga Fests, seminars, workshops, and musical and cultural programmes based on Yoga involving students from schools, colleges, universities and various youth organizations such as, NYKS, NSS, RWAs, etc.

2. The booklets on Common Yoga Protocol, both in Hindi and English, are ready and would be sent to the State Governments through your Resident Commissioners. The DVD on the same would also be sent by the middle of April, 2016. The Ministry has also written to UGC, Bharat Scouts and Guides, NYKS, NSS and other such organizations to participate in the celebrations of IDY-2016. They may also be provided necessary support by the State Govt.

3. The celebration of International Day of Yoga would involve a very elaborate training programme on Common Yoga Protocol as well as discourses, lectures and talks by eminent Yoga experts. Various reputed and eminent Yoga institutions have agreed to support the efforts of the State Governments by providing training to trainers and other expert advice in celebration of International Day of Yoga, 2016. The list of Yoga institutions along with their designated States/UTs is enclosed.

4. The State Govt. is also requested to encourage use of locally made Yoga mats, preferably with the locally available raw-material to provide employment opportunities to small artisans and entrepreneurs. Some of the PSUs like North-East Handicrafts and Handloom Corporation are manufacturing such Yoga mats prepared from the locally available raw-material.

5. I would be grateful if you could issue necessary instructions to all concerned to celebrate this mega event by ensuring participation of all sections of the population especially the youth.

With kind regards,

Yours sincerely,

(Ajit M. Sharan)

Encl: As above

All Chief Secretaries of States / Administrators of UTs